



# DISCOVER

## OUR EMPLOYEE MATERNITY BENEFITS PACKAGE



THE UK'S NO.1 CLUB FOR NEW & EXPECTANT PARENTS

### WHAT DOES THE SCHEME INCLUDE FOR YOUR EMPLOYEE?

- Access to all the online pregnancy fitness and wellbeing online classes include pregnancy yoga, Pilates and Vibe (upbeat, low impact pregnancy classes) to participate in at home.
- Access to all the online postnatal fitness classes including yoga, pilates, aerobics and bootcamp to participate in at home.
- Specialist instructors to guide your employees fitness and wellbeing safely throughout pregnancy and their first year.
- Access to online baby classes to aid baby milestones and development. Baby massage, Baby music, Baby yoga and baby signing.
- All classes are delivered via 2 way interactive zoom sessions to ensure your employees are looked after, offered advice and fully supported as new and expectant parents.
- Regular parenting talks - current favourites include 'returning to work', 'flexible working' and 'childcare options for new parents'.
- Kudos that you are supporting your employees on this exciting new chapter of their life.

ONLINE CLASSES



### ATTRACT AND RETAIN TALENT

An employer that cares about its employees throughout their pregnancy and maternity is exactly the kind of employer that builds true engagement and trust. Providing pregnancy and postnatal wellbeing & fitness services for your new and expectant parents shows that you are willing to invest in your people for the long term.

Set your company apart from the competition by looking after your employees when they have a family and retain your talented employees back after maternity leave.

SHOWING THAT YOU CARE

**CORPORATE PACKAGES:**  
 Subscription per employee starts from as little as **£150 per annum**. Discounts are available for multiple employees joining the scheme.

<b>1-4 employees</b>	<b>£150 per annum</b>
<b>5-19 employees</b>	<b>£125 per annum</b>
<b>20+ employees</b>	<b>£100 per annum</b>



PREGNANCY FITNESS

Positive changes happen when businesses reward their best and most valuable asset – their people. In 2019, almost 700,000 babies were born in the U.K leading to thousands of parents going on maternity leave.

Let us help you to look after your employees with our corporate benefits package. We've been looking after new and expectant mothers' fitness & wellbeing since 2011 so you can trust that your employees are in safe hands.



POSTNATAL FITNESS

BABY CLASSES



By providing employees with a benefit that encourages a more active and healthier lifestyle throughout their pregnancy and postpartum recovery, you're not only looking out for their health and wellbeing; but you're also showing that you care as their employer.

For more information and to set up your company scheme contact [info@busylizzy.co.uk](mailto:info@busylizzy.co.uk)